# Substance Abuse and Mental Health Services Administration Fiscal Year 1999 Discretionary Funds

**Center for Mental Health Services (CMHS)** 

### **IOWA**

Iowa Federation of FamiliesAnamos, IAChildren and Family NetworkSM52649

Congressional District: IA-01 **FY 99 Funding:** \$60,000

Project Period: 9/30/98 - 8/31/01

This project will increase the strength and capacity of families in the State of Iowa to establish a database, to plan and develop a statewide Iowa Family Choices Conference, and for families to participate in the development, promotion, and practice of policies, programs, and quality assurance activities involving children and youth with serious emotional disturbances and their families. It also will improve collaboration among families, advocates, networks, and collaborations dedicated to empowering families and strengthening their ability to participate in State and local mental health service planning and health care reform activities on behalf of their children, and to maintain strong, effective relationships with other State child-serving agencies, including health, education, child welfare, substance abuse, and juvenile justice. It further will provide individual information and referral statewide to Iowa family members of children or youth with serious emotional disturbances and to foster leadership and management skills training regarding the rights and responsibilities under mental health, health, education, human services legislation and other topics related to Iowa's system of health care. The project also will seek input, identify strategies, and raise public awareness of issues associated with reaching and serving Iowa families of minority background with children and youth with serious emotional disturbance.

# Substance Abuse and Mental Health Services Administration Fiscal Year 1999 Discretionary Funds

## **Center for Substance Abuse Prevention (CSAP)**

### **IOWA**

Iowa State UniversityAmes, IAFamily StrengtheningSP08696

Congressional District: IA-03 **FY 99 Funding:** \$93,840
Project Period: 9/30/99 - 9/29/01

This program will adapt the Listening to One Another Prevention program to a younger age group. The target population for this program is Ojibwe children and their families. The project will adapt interventions from the Strengthening Families Program for Pre-and -Early Teens and the Iowa Native American Strengthening Families Program for use with 3rd and 4th graders prior to onset of alcohol and tobacco use.

Community Corrections Improvement Assoc.

Cedar Rapids, IA

SP08700

Family Strengthening
Congressional District: IA-01 **FY 99 Funding:** \$93

\$95,087

Project Period: 9/30/99 - 9/29/01

The CCIA project will coordinate, organize, and support the Strengthening Advisory Network (SAN) who will evaluate the family strengthening models with the goal of adopting/adapting a the model to fit the needs of the target population. SAN will also participate in SAMHSA trainings, will disseminate information gained in those sessions, and document the dissemination process. SAN will also provide team-and-consensus-building retreats to enhance the evaluation process, leading to the adoption and adaptation of the program.

Iowa State Department of Public Health

Des Moines, IA

SP08603

Community-Initiated Grants
Congressional District: IA-01

**FY 99 Funding:** \$397,222

Project Period: 9/30/99 - 9/29/02

Reconnecting Youth (RY) program will be implemented in 1 urban high school and 3 rural high schools in Iowa to see if: there is a decrease in alcohol and other drug use and behaviors; if there is a decrease in anger and aggression; to see if there is a decrease suicide risk; and an increase in school performance. This experiment will be repeated four time over the course of four semesters. Several products will be generated from this project an implementation manual, a process and outcomes evaluation manual, an updated version of the curriculum, and a project website. A methamphetamine component will be added to the curriculum due to the extensive problem that currently exists.

## **Substance Abuse and Mental Health Services Administration** Fiscal Year 1999 Discretionary Funds

**Center for Substance Abuse Prevention (CSAP)** 

#### **IOWA**

Orchard Place-Child Guidance Center

Des Moines. IA

SP08168

Family Strengthening Congressional District: IA-04

FY 99 Funding: \$250,000 Project Period: 9/30/97 - 9/29/00

PACE will provide Family Strengthening Drug and Gang Involvement Prevention services to highrisk youth and their families in Des Moines, IA. The project will target services at Hiatt Middle School, Wallace Elementary School, and Polk County Juvenile Court. These schools have high minority populations, significant poverty levels and a high rate of school truancy. This project will concentrate on reducing the primary risk factors and developing the family protective factors necessary to prevent drug abuse and gang involvement in high-risk youth and their families. Services that will be provided include: tracking services to improve school attendance, tutoring services, family involvement projects, after school programming, substance abuse education, Structural Family Therapy, and family strengthening services using the Iowa Family Strengthening Model.

The University of Iowa Iowa City, IA Family Strengthening SP08715

Congressional District: IA-01 FY 99 Funding: \$87,497 Project Period: 9/30/99 - 9/29/01

This project will increase the capacity of Johnson County, IA to deliver best practices in effective parenting and family program in order to reduce or prevent substance use by adolescents in this rural community. This program will: ensure the best interest of the adolescents and families appropriate an appointment will be made to the advisory board who has specific knowledge of adolescent development and health risk behavior; to establish strong linkages with general health care providers, mental health clinicians, and substance abuse treatment facilities; and to alleviate some of the negative impact parental/caregiver substance abuse can have on adolescents in the family.

# Substance Abuse and Mental Health Services Administration Fiscal Year 1999 Discretionary Funds

**Center for Substance Abuse Prevention (CSAP)** 

### **IOWA**

Mid-Iowa Community Action, Inc.

Marshalltown, IA

Family Strengthening SP08833

Congressional District: IA-02 **FY 99 Funding:** \$95,811
Project Period: 9/30/99 - 9/29/01

Mid-Iowa Community Action, Inc. will produce a family strengthening project which will: increase family resilience in project families; reduce substance abuse in families; increase communities capacity to assist families; and provide information to SAMHSA in regards to the dissemination of materials produced from this program. The selected program will be offered both universally, in a group setting, and selectively through an in-home component.

# Substance Abuse and Mental Health Services Administration Fiscal Year 1999 Discretionary Funds

**Center for Substance Abuse Treatment (CSAT)** 

#### **IOWA**

Iowa Department of Public Health

Des Moines. IA

Targeted Capacity Expansion for Substance Abuse Treatment

TI11950

Congressional District: IA-01 **FY 99 Funding:** \$475,000

Project Period: 9/30/99 - 9/29/02

To expand the capacity for adult methamphetamine abusers in the Central Iowa area; a holistic approach.

Iowa Department of Public Health

Des Moines, IA

Treatment Outcome and Performance Pilot Studies

TI11619

Congressional District: IA-01 **FY 99 Funding:** \$228,000

Project Period: 9/30/98 - 9/29/01

The Iowa Department of Public Health, Division of Substance Abuse and Health Promotion (IDPH) proposes to collaborate with the Iowa Consortium for Substance Abuse Research and Evaluation (Consortium) to pilot an Outcome Monitoring System (OMS) of substance abuse treatment in Iowa. The TOPPS II project will enhance and supplement the development of the Iowa OMS through the following activities: (a) adoption of a standardized, integrated, computerized assessment and placement instrument;(b) adoption of a valid instrument for screening for co-morbid psychiatric conditions; (c) special analyses of treatment outcomes for methamphetamine users; and (d) integration of secondary State data systems with client report data into the OMS. Outcomes analysis will include intake services, discharge and follow-up data collected by the agencies and the co-morbidity, methamphetamine use Consortium, with special analyses focusing on the reliability of the new assessment instrument, psychiatric, and secondary data from other State systems. Iowa will participate in the TOPPS II inter-State Steering Committee decision making to determine common outcome measures to be measured on an inter-State basis.

## Substance Abuse and Mental Health Services Administration Fiscal Year 1999 Discretionary Funds

### **Center for Substance Abuse Treatment (CSAT)**

#### **IOWA**

University of Iowa Iowa City, IA

Addiction Technology Transfer Centers TI11466

Congressional District: IA-01 **FY 99 Funding:** \$525,000

Project Period: 9/30/98 - 9/29/01

A partnership between the State Substance Abuse Agency, publicly funded treatment programs, and educational institutions that is designed to address the shortage of well-training addiction professionals equipped with the latest science-based information and clinical tools.

University of Iowa Iowa City, IA

Comprehensive Community Treatment TI11993

Congressional District: IA-01

**FY 99 Funding:** \$493,225 Project Period: 9/30/99 - 9/29/02

The project goal is to evaluate the effectiveness of three case management models: Iowa Comprehensive Case Management, Iowa Brokerage Case Management, and Standard Case Management. The project focuses on rural clients, and assess the impact of predisposing, enabling and client needs on key process and outcome variables.

University of Iowa Iowa City, IA

Practice/Research Collaboratives TI12273

Congressional District: IA-01 **FY 99 Funding:** \$245,868

Project Period: 9/30/99 - 9/29/00

The PRC grant award to the University of Iowa, Iowa Consortium for Substance Abuse Research and Evaluation will establish new and enhanced mechanisms for collaboration between academic researchers, policymakers, intervention and prevention service providers and consumers in Iowa. In collaboration with the Prarielands Addiction Technology Transfer Center, the collaborative will initiate a broad networking effort, conduct a formal statewide assessment of research needs and develop a strategic plan for collaborative research to practice efforts in Iowa.

# Substance Abuse and Mental Health Services Administration Fiscal Year 1999 Discretionary Funds

**Center for Substance Abuse Treatment (CSAT)** 

### **IOWA**

Winnebago Service Area Healthy Start

Sioux City, IA

Community Recovery Networks

TI11452

Congressional District: IA-01

**FY 99 Funding:** \$186,638 Project Period: 9/30/98 - 9/29/01

The Winnebago Service Area Healthy Start's Sacred Circle Recovery Project will integrate traditional talking circle' support into the case management, treatment and recovery processes. The talking circle' is similar to AA in terms of purpose and outcome, but involves fewer cultural barriers to many Native Americans. The Project will also train representatives of the Native American Recovery Community to participate in State and local level advocacy and decision-making.